

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Nandi Kok

Has successfully participated & completed the

Sprint Triathlon TinMan Langebaan #1 - 24 March

held at Langebaan Country Estate.

**TIME** 01:54:03

**PACE** 13.68km/h

**OVERALL** 17 of 74

**GENDER** 5 of 34

**35 - 39** 1 of 5

24 March 2024, Sun

Date



BoutTime

Signature